

**Table S4:** Analysis of the expression of exosomal miRNAs in serum samples. Expression of miR-21, miR-146a, and miR-155 in HCs, flare-up, and remission patients. Results are expressed as mean  $\pm$  SEM. p-values were calculated using 2-way ANOVA with the Tukey comparison test.

Analysis of the expression of exosomal miRNAs in serum samples						
	Group			<i>p</i> -values		
	ERA	Flare-up	Remission	ERA vs. flare-up	ERA vs. remission	Flare-up vs. remission
n	5	5	5			
miR-21	0.79 $\pm$ 0.85	1.67 $\pm$ 1.18	1.22 $\pm$ 0.64	0.9988	0.9972	>0.9999
miR-146a	0.04	0.07	0.22	0.9988	0.9972	>0.9999
miR-155	0.17 $\pm$ 0.91	0.34 $\pm$ 0.88	0.71 $\pm$ 0.52	0.9988	0.9972	>0.9999