

## SUPPORTING INFORMATION

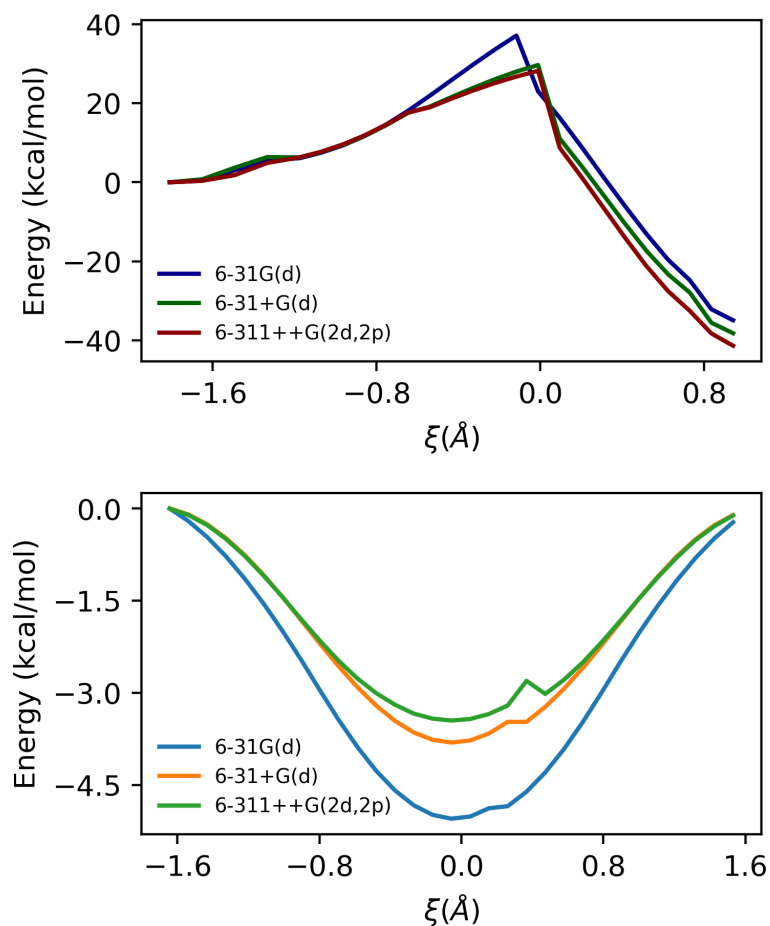


Figure S1: Upper panel: Relative energy associated to ethyl methyl sulfide oxidation by  $\text{H}_2\text{O}_2$ . Bottom panel: effect of the basis set with an increasing number of diffuse functions on the energy profile for the thiol/disulfide exchange reaction.

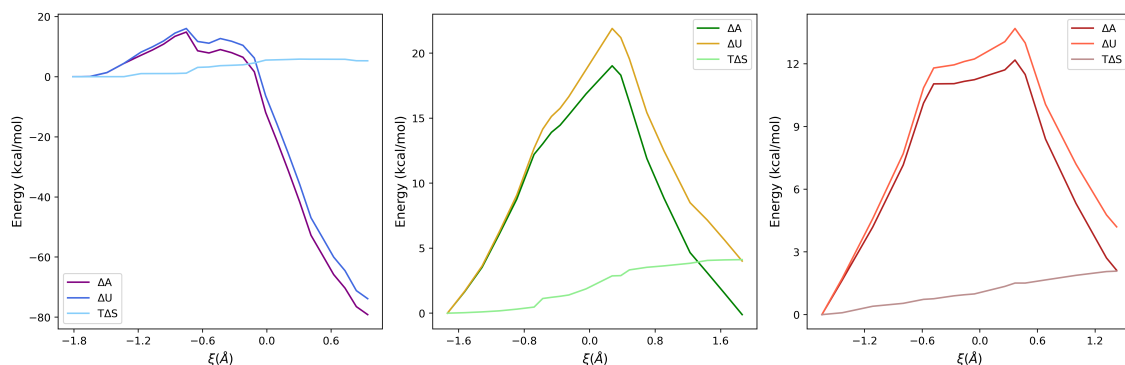


Figure S2: Internal energy, free energy and entropy (expressed as  $T\Delta S$ ) variation along the reaction coordinate for Met oxidation in water (*left*), mercaptoethanol in water (*middle*) and butanethiol in DMF (*right*).

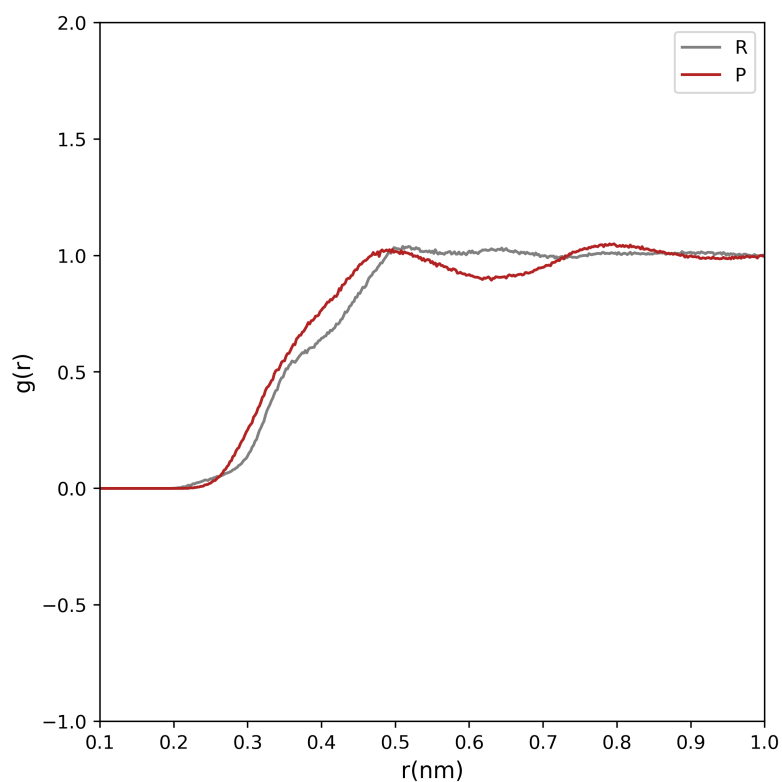


Figure S3: Sulfur-oxygen radial distribution function for Methionine (R) and Methionine sulfoxide (P) in water. The maximum of the function at  $\approx 5.5$  Å was chosen to select the water molecules belonging to the first solvation shell.

Table S1: ESP atomic charges (B3LYP/6-311++G(2d,2p)) of the three electronegative centers involved in the investigated reactions. Their structures and the corresponding MOs are reported in Figure 2. Partial atomic charges are reported in atomic units.

scan point	Atom	ESP partial charges (a.u.)					
		point 1	point 2	point3	point 4	point 5	point 6
<i>Sulfide oxidation</i>	S	-0.21	-0.30	-0.08	0.07	0.03	0.25
	$O_P$	-0.42	-0.25	-0.25	-0.30	-0.36	-0.40
	$O_D$	-0.38	-0.42	-0.57	-0.75	-0.65	-0.83
<i>Disulfides exchange</i>	$S_{Nu}$	-0.89	-0.78	-0.61	-0.56	-0.42	-0.28
	$S_C$	-0.03	0.06	0.08	0.08	0.06	0.02
	$S_{LG}$	-0.26	-0.43	-0.61	-0.67	-0.80	-0.87
		Reaction coordinate (Å)					
$\xi_{SO}$		-1.81	-1.07	0.54	0.01	0.09	0.9
$\xi_{SS}$		-1.64	-1.01	-0.16	0.26	0.68	1.43

In Table S1 with  $\xi_{SO}$  and  $\xi_{SS}$  we referred to the reaction coordinate for Met oxidation and thiol/disulfide exchange reaction, respectively.

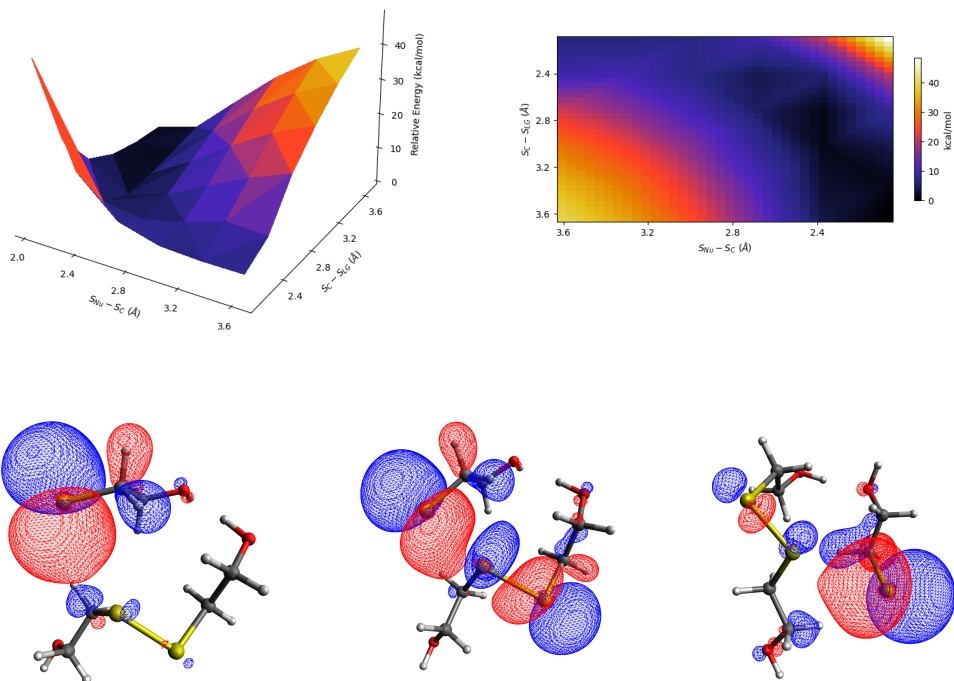


Figure S4: Upper panel: from left to right, the 3D and 2D PES scan for ME system (minimum at  $\xi = -0.573$  Å). Bottom panel: HOMO for reactants, TS and product state, calculated at the B3LYP/6-311++G(2d,2p) level of theory.

Table S2: ESP atomic charges (B3LYP/6-311++G(2d,2p)) of the three sulfur atoms for ME calculated in six points along the reaction coordinate.

scan point	Atom	ESP partial charges (a.u.)					
		point 1	point 2	point3	point 4	point 5	point 6
<i>Disulfides exchange</i> ( <i>ME</i> )	$S_{Nu}$	-0.85	-0.80	-0.51	-0.60	-0.35	-0.25
	$S_C$	-0.16	-0.18	-0.25	-0.24	-0.19	-0.09
	$S_{LG}$	-0.26	-0.35	-0.65	-0.58	-0.80	-0.86
		Reaction coordinate (Å)					
$\xi_{ss}$		-1.74	-1.10	-0.36	-0.04	0.91	1.65