



Communication

# Progressive Aggregation of 16 kDa Gamma-Zein during Seed Maturation in Transgenic *Arabidopsis thaliana*

Elsa Arcalis <sup>1,\*</sup>, Davide Mainieri <sup>2,†</sup>, Alessandro Vitale <sup>2</sup>, Eva Stöger <sup>1</sup> and Emanuela Pedrazzini <sup>2,\*</sup>

<sup>1</sup> Department of Applied Genetics and Cell Biology, Institute of Plant Biotechnology and Cell Biology, University of Natural Resources and Life Sciences, 1190 Wien, Austria; eva.stoger@boku.ac.at

<sup>2</sup> Istituto di Biologia e Biotecnologia Agraria, CNR, 20133 Milano, Italy; davide.mainieri@isafom.cnr.it (D.M.); vitale@ibba.cnr.it (A.V.)

\* Correspondence: elsa.arcalis@boku.ac.at (E.A.); pedrazzini@ibba.cnr.it (E.P.)

† Present address: Istituto per i Sistemi Agricoli e Forestali del Mediterraneo, CNR, 87036 Rende, Italy.

**Abstract:** Prolamins constitute a unique class of seed storage proteins, present only in grasses. In the lumen of the endoplasmic reticulum (ER), prolamins form large, insoluble heteropolymers termed protein bodies (PB). In transgenic *Arabidopsis* (*Arabidopsis thaliana*) leaves, the major maize (*Zea mays*) prolamin, 27 kDa  $\gamma$ -zein (27 $\gamma$ z), assembles into insoluble disulfide-linked polymers, as in maize endosperm, forming homotypic PB. The 16 kDa  $\gamma$ -zein (16 $\gamma$ z), evolved from 27 $\gamma$ z, instead forms disulfide-bonded dispersed electron-dense threads that enlarge the ER lumen without assembling into PB. We have investigated whether the peculiar features of 16 $\gamma$ z are also maintained during transgenic seed development. We show that 16 $\gamma$ z progressively changes its electron microscopy appearance during transgenic *Arabidopsis* embryo maturation, from dispersed threads to PB-like, compact structures. In mature seeds, 16 $\gamma$ z and 27 $\gamma$ z PBs appear very similar. However, when mature embryos are treated with a reducing agent, 27 $\gamma$ z is fully solubilized, as expected, whereas 16 $\gamma$ z remains largely insoluble also in reducing conditions and drives insolubilization of the ER chaperone BiP. These results indicate that 16 $\gamma$ z expressed in the absence of the other zein partners forms aggregates in a storage tissue, strongly supporting the view that 16 $\gamma$ z behaves as the unassembled subunit of a large heteropolymer, the PB, and could have evolved successfully only following the emergence of the much more structurally self-sufficient 27 $\gamma$ z.

**Keywords:** seed development; storage proteins; prolamins; zeins; protein body biogenesis; endoplasmic reticulum



**Citation:** Arcalis, E.; Mainieri, D.; Vitale, A.; Stöger, E.; Pedrazzini, E. Progressive Aggregation of 16 kDa Gamma-Zein during Seed Maturation in Transgenic *Arabidopsis thaliana*. *Int. J. Mol. Sci.* **2021**, *22*, 12671. <https://doi.org/10.3390/ijms222312671>

Academic Editor: Pecinka Ales

Received: 26 October 2021

Accepted: 22 November 2021

Published: 24 November 2021

**Publisher's Note:** MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



**Copyright:** © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

## 1. Introduction

The polypeptides of seed storage proteins undergo different interchain interactions that are important for their synthesis, intracellular traffic, and accumulation. At the end of seed development and irrespective to their final subcellular compartment of accumulation—protein storage vacuoles (PSV) or protein bodies (PB) directly derived from the endoplasmic reticulum (ER)—storage proteins appear to the electron microscope as condensed electron-dense structures [1,2]. The origin and biochemical features of these structures are, however, quite variable, depending on the specific storage protein and the tissue of accumulation (endosperm or embryo). Trimerization of newly synthesized 7S/11S globulins, mainly due to hydrophobic interactions, is required for their approval by ER quality control and consequent intracellular traffic to PSV [3]. Further, transient polymerization of vacuolar storage proteins occurs during traffic and also has a role in correct sorting. This can be visualized both biochemically and by the detection of electron-dense structures in the Golgi cisternae or late endosomes en route to storage vacuoles [4–6]. In seeds of certain plants, such as pumpkin (*Cucurbita* sp cv Kurokawa Amakuri Nankin), transient polymerization occurs already in the ER lumen, leading to the formation of electron-dense precursor-accumulating (PAC) vesicles that reach storage vacuoles bypassing the Golgi apparatus [7].

All these transient, large structures that may involve the two major classes of vacuolar storage proteins—7S/11S globulins and the monomeric 2S albumins—are easily solubilized in aqueous buffers, whereas the major storage proteins of cereals—prolamins—form very large insoluble PBs in the ER [8]. In Panicoideae and rice (*Oryza sativa*), PB permanently accumulates in the ER, whereas in other cereals such as wheat they are delivered to storage vacuoles at late stages of seed maturation, bypassing the Golgi apparatus. A major feature of PBs permanently located in the ER is the presence of extensive interchain disulfide bonds that lead to protein insolubilization [9].

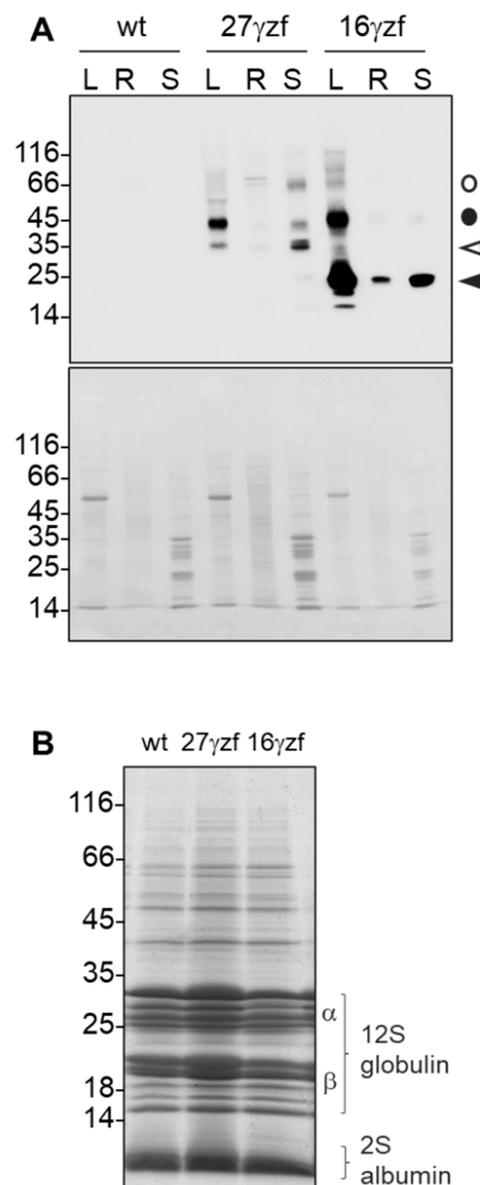
Zeins, the prolamins of maize (*Zea mays*), can be divided into four classes: alpha (more than thirty genes), gamma (three genes that produce polypeptides of 27, 50, and 16 kDa), beta (a single gene), and delta (two genes that encode for 10 kDa and 18 kDa polypeptides) [10,11]. Alpha and delta zeins constitute the core of the PB, whereas 27 kDa and 50 kDa gamma zeins (27 $\gamma$ z, 50 $\gamma$ z) form the outer PB layer, in contact with the luminal face of the ER membrane, and 16 kDa gamma zein (16 $\gamma$ z) is at the interface between the inner core and outer PB layer [2,12]. 27 $\gamma$ z, the single most abundant PB polypeptide, forms homotypic, insoluble, electron-dense PBs also when ectopically expressed in vegetative tissues [13,14]. Unlike  $\alpha$ -zeins, which can be solubilized by aqueous alcohol, 27 $\gamma$ z and 50 $\gamma$ z are solubilized by reducing buffers; in agreement with this, progressive mutagenesis of the Cys residues involved in the interchain bonds of 27 $\gamma$ z results in its increasing solubility and ability to traffic from the ER along the secretory pathway [15]. 27 $\gamma$ z and 50 $\gamma$ z have orthologs in other Panicoideae, but 16 $\gamma$ z has instead been found only in maize and has originated, most probably from 27 $\gamma$ z, as a consequence of the relatively recent whole-genome duplication of this cereal [16]. With respect to 27 $\gamma$ z, 16 $\gamma$ z has lost part of the Cys residues involved in interchain bonds and a large portion of a Pro-rich repeated domain [17]. Unlike its paralogous zein 27 $\gamma$ z, 16 $\gamma$ z is unable to form PBs when expressed ectopically in transgenic vegetative tissues, where instead it polymerizes into disordered electron-dense threads that markedly enlarge the ER lumen [14]. The protein is also partially soluble in aqueous buffers in the absence of reducing agents, but when co-expressed with 27 $\gamma$ z it becomes fully insoluble unless reduced, supporting the hypothesis that in a natural PB 16 $\gamma$ z interacts with 27 $\gamma$ z and has the role of establishing ordered interactions between the inner PB core and the outer PB layer [14].

In this work, we have investigated whether the peculiar features of 16 $\gamma$ z are also maintained when the protein is synthesized in a storage seed tissue, where other types of storage proteins are synthesized as well, and where a development program is active to favor their optimal accumulation.

## 2. Results

### 2.1. 16 $\gamma$ zf Accumulates in *Arabidopsis* Embryos without Interfering with the Synthesis and Processing of Endogenous Storage Proteins

Leaf, root, or seed proteins from *Arabidopsis* (*Arabidopsis thaliana*) transgenic plants singly expressing 27 $\gamma$ z or 16 $\gamma$ z C-terminal tagged with a FLAG epitope (27 $\gamma$ zf and 16 $\gamma$ zf, respectively [14]), were analyzed to compare the accumulation and electrophoretic patterns of the recombinant proteins in seeds and vegetative tissues. Proteins were extracted from dry seeds, or from leaves or roots of 6-week-old plants, with homogenation buffer supplemented with reducing agent. Protein blot with anti-FLAG antibodies showed that accumulation of both zeins was highest in leaves and lowest in roots (Figure 1A). Based on the known electrophoretic migration of the different forms of the two zeins [14], the relative amount of unmodified 27 $\gamma$ zf monomers (Figure 1A, empty arrowhead) with respect to the modified form (migrating between the 35 and 45 kDa markers) was markedly higher in seeds than in vegetative tissues. Minor proportions of incompletely denatured dimers and larger polymers were also detected as lower migration forms (empty circle). In all tissues, 16 $\gamma$ zf was detected mainly as monomers (black arrowhead) and in minor proportion, dimers (black circle), with no marked, qualitative tissue-specific differences.



**Figure 1.** 27 $\gamma$ zf and 16 $\gamma$ zf accumulate in dry seeds and do not interfere with the sorting of endogenous Arabidopsis storage proteins. **(A):** Total protein homogenates were prepared with denaturing buffer from leaves (L), roots (R), or dry seeds (S) of Arabidopsis constitutively expressing FLAG-tagged versions (f) of 27 $\gamma$ z or 16 $\gamma$ z, or from wild-type (wt) plants. Top panel: Analysis by SDS-PAGE and protein blot with anti-FLAG antibodies. The position of 27 $\gamma$ zf (empty arrowhead), 16 $\gamma$ zf (black arrowhead) monomers and their respective dimeric forms (empty and black circles, respectively) are indicated. Bottom panel: total proteins staining with Ponceau S. **(B):** Analysis of total protein extracts from dry seed by SDS-PAGE and Coomassie blue staining. The positions of the mature polypeptides of the endogenous 12S globulins and 2S albumins are indicated. Numbers on the left in both A and B indicate the position and size (kDa) of molecular mass markers.

Overall, electrophoretic analysis indicates that both zeins expressed under the CaMV35S promoter accumulate in seeds to levels comparable to those in leaves. No fragmentation product still containing the FLAG epitope was detected. Since the modification of 27 $\gamma$ z expressed in vegetative tissues most probably consists of hydroxylation of proline residues [13,15], the results suggest lower proline hydroxylation activity in seeds. Such hydroxylation seems to be mainly limited to vegetative tissues since proline residues of 27 $\gamma$ z naturally synthesized in maize endosperm are also unmodified [18].

The major Arabidopsis seed storage proteins belong to the 12S and 2S classes; their precursor polypeptides (around 50 kDa and 15 kDa for 12S and 2S, respectively) are proteolytically matured only upon correct traffic from the ER and sorting to PSVs [19]. The SDS-PAGE patterns of total seed proteins did not show any change in the zein-expressing seeds compared to the wild-type plants (Figure 1B), indicating that the two zeins constitute only a very minor percentage of total proteins.

### 2.2. *16γzf Avoids Traffic to PSVs and Forms Electron-Dense Threads That Progressively Coalesce during Embryo Development*

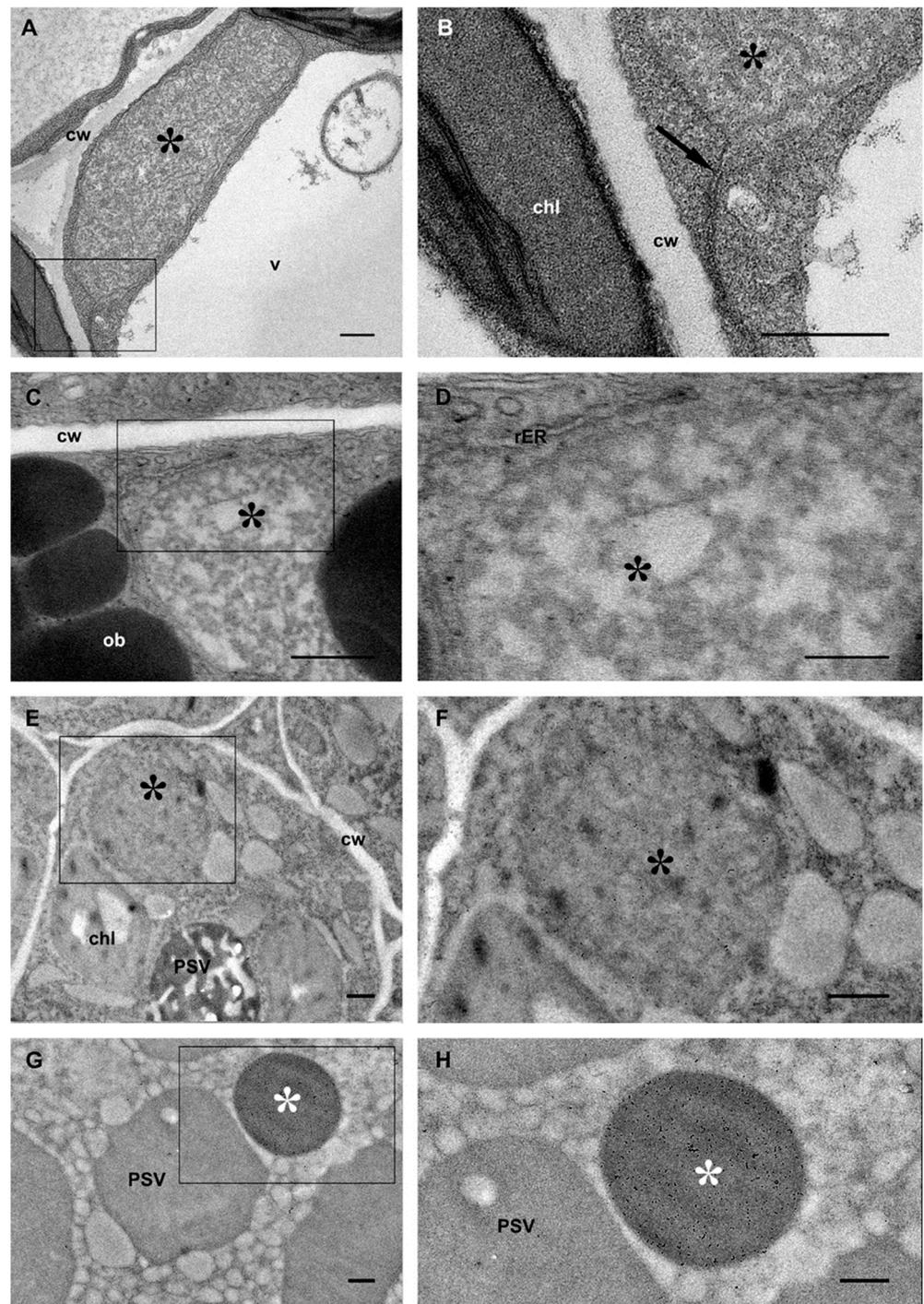
16γzf is unable to form PBs in Arabidopsis transgenic leaves, but accumulates as electron-dense thread-like structures that enlarged the ER lumen [14] (Figure 2A,B). To verify if these structures are also formed in seeds, the subcellular localization and morphology of 16γzf during seed development was determined by immunogold electron microscopy (EM) with anti-FLAG antibodies.

Mature embryos showed labeling of 16γzf in round structures with diameters of about 1 μm and nearly homogeneous electron-dense content (Figure 2G and magnification in Figure 2H, white asterisk), resembling homotypic PBs formed by 27γzf in leaves [14], and markedly different from the 16γzf threads that irregularly enlarge the leaf ER lumen (conventional EM analysis in Figure 2A and magnification in Figure 2B, see also Figure 7 in [14]). In immature embryos, conventional (Figure 2C and magnification in Figure 2D) and immunogold (Figure 2E and magnification in Figure 2F) EM analysis showed structures having an intermediate pattern between those of leaves and mature embryos: 16γzf accumulated in smaller (around 2 μm) and less irregularly shaped compartments than those in leaves, but not as round-shaped and homogeneously electro-opaque as those in the mature embryos (in Figure 2 compare panels C–F black asterisks, with panels G,H white asterisks). In immature embryos, 16γzf was organized in threads that appeared more dispersed in the compartment lumen than those in leaf cells. PSVs, where Arabidopsis storage proteins accumulate, were clearly devoid of 16γzf (PSV in Figure 2G,H). In immature embryos, the PSVs content appeared very dissimilar in electron density and shape from those of 16γzf structures (compare PSV and asterisks in Figure 2E).

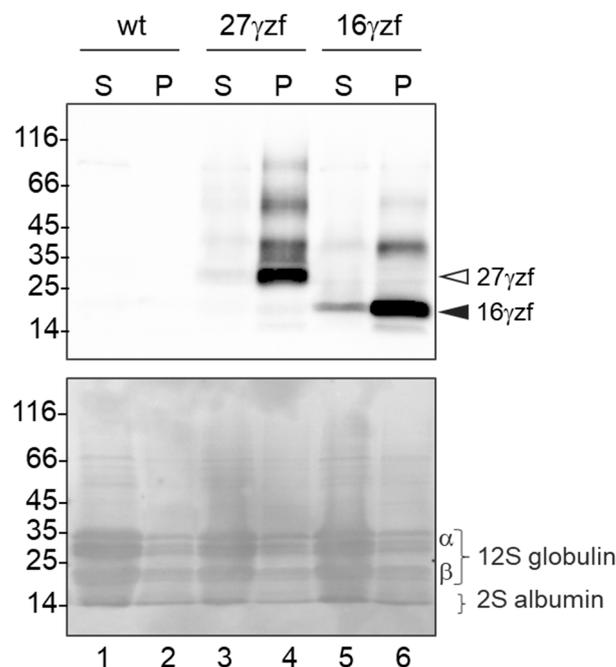
### 2.3. *16γzf Forms Insoluble Aggregates in Mature Embryos, Unlike 27γzf*

Based on the morphology of the structures formed by 16γzf in leaves, its PB-like condensation in mature seeds was unexpected. It was therefore determined whether the biochemical features of 16γzf accumulated in mature seeds were also similar to those of PB-forming 27γzf. Dry seeds were first homogenized in saline buffer without detergent and subjected to low-speed centrifugation. Both zeins were recovered in the pellet fractions, with marginal amounts of 27γzf and only a slightly higher proportion of 16γzf remaining in the supernatant (Figure 3). Therefore, the 16γzf PB-like structures visualized by EM are largely insoluble in salt buffer, similarly to 27γzf PBs.

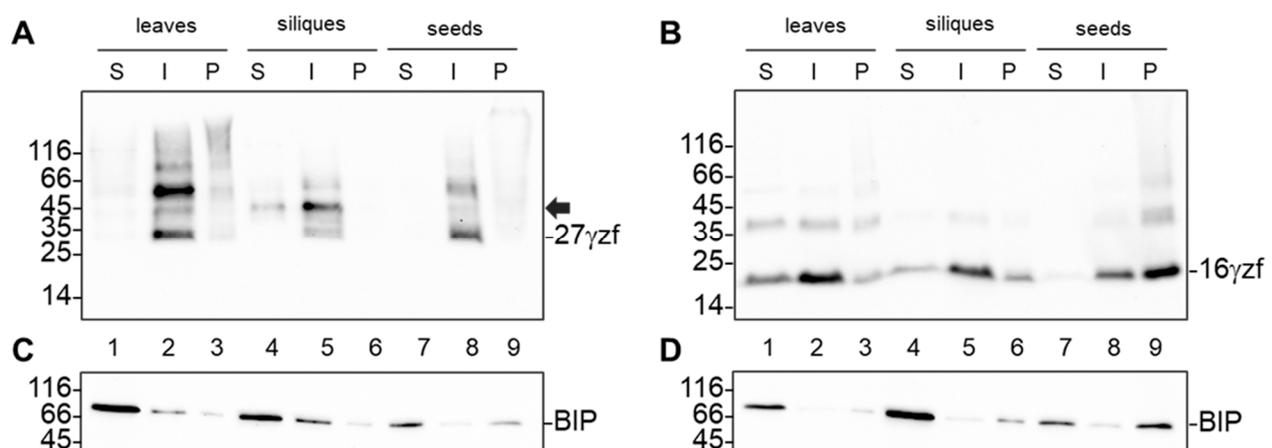
We then compared the solubility of the two zeins in leaves and in immature or mature seeds by sequential extraction in different buffers. In all the three tissues analyzed, 27γzf was almost completely insoluble unless reduced (Figure 4A, lanes 2, 5, 8), a feature of natural 27γz accumulated in maize endosperm PBs and already observed in transgenic leaves [14]. In leaves, and to a minor extent in developing seeds, 16γzf was also partially soluble in the absence of a reducing agent (Figure 4B, lanes 1, 4). No soluble polypeptides were, however, detected in dry seeds, where the major proportions of 16γzf could not be solubilized even by reducing agent, indicating that a large part of the morphologically PB-like 16γzf structures is not held together by interchain disulfide bonds, but is actually due to aggregation (Figure 4B, lane 9).



**Figure 2.** Progressive coalescence of 16 $\gamma$ zf during embryo development. (A,B): leaves; (C–F): developing embryos (11 dap); (G,H): mature embryos. (A–D): Ultrathin sections post-fixed with osmium. (E–H): Immunolabelling with anti-FLAG antibody and secondary 10 nm gold-conjugated donkey anti-rabbit serum. Boxes in (A,C,E,G) indicate the regions that are shown at higher magnification in (B,D,F,H), respectively. Symbols and acronyms: 16 $\gamma$ zf threads and loosely packed structures (black asterisks), ER membrane continuous with the membrane enclosing the 16 $\gamma$ zf threads (arrow), homogeneously electron-dense structures (white asterisks), cell wall (cw), chloroplast (chl), oil bodies (ob), protein storage vacuoles (PSV), and vacuole (v). Scale bars in (A,C,E,G) and (B,D,F,H) are 1  $\mu$ m and 0.5  $\mu$ m, respectively.



**Figure 3.** 16γzf PB-like structures visualized by EM are mainly insoluble in salt buffer, similar to 27γzf PBs. Dry seeds from wt, 27γzf, or 16γzf plants were ground and homogenized in saline buffer without reducing agents or detergent. Soluble (S) and insoluble (P) fractions were separated by centrifugation. Both (S) and (P) fractions were analyzed by SDS-PAGE followed by protein blot. Top panel: anti-FLAG antibodies. The positions of 27γzf and 16γzf monomers are indicated by the empty and the black arrowheads, respectively. Bottom panel: Ponceau S total protein staining. The positions of the Arabidopsis endogenous seed storage proteins 12S globulins ( $\alpha$  and  $\beta$  subunits) and 2S albumins are indicated. Numbers on the left indicate the position and size (kDa) of molecular mass markers.



**Figure 4.** 16γzf forms insoluble aggregates in mature embryos, unlike 27γzf. Leaves, immature embryos (siliques) or dry seeds from 27γzf (A,C) or 16γzf (B,D) transgenic Arabidopsis plants were homogenized in saline buffer supplemented with nonionic detergent to solubilize membranes, in the absence of reducing agents. Soluble (S) proteins were collected after centrifugation. Pellets were resuspended in the same buffer supplemented with 4% 2-Mercaptoethanol to reduce disulfide bonds; the new soluble proteins (I) were separated from the completely insoluble pellet (P) by centrifugation. Analysis was done by SDS-PAGE and protein blot. (A,B): anti-FLAG antibodies; the positions of 27γzf and 16γzf monomers are indicated. The black arrow in A indicates the 27γzf modified form only present in vegetative tissues. (C,D): anti-BiP antibodies; the position of BiP is indicated.

The major ER chaperone BiP has affinity to not yet folded and assembled polypeptides and to misfolded proteins [20,21]. In transgenic Arabidopsis leaves, BiP1/2 (the two highly homologous, major Arabidopsis BiP polypeptides, which cannot be distinguished from one another by antibodies) are found associated with both gamma zeins, but in higher proportion to 16 $\gamma$ zf, most probably because the N-terminal domain of this zein has high affinity to BiP and because its assembly in the absence of other zein partner polypeptides could remain permanently unresolved [22]. Protein blot with anti-BiP antiserum showed that, in 27 $\gamma$ zf leaves and immature embryos, even if the most of polypeptides were in the S fraction (BiP is per se a soluble protein), a minor but not irrelevant proportion of BiP1/2 was solubilized only after reduction (Figure 4C, lanes 2, 5), probably because associated to newly synthesized, not yet polymerized 27 $\gamma$ zf polypeptides. In dry seeds, where protein synthesis is terminated, no reduced-soluble BiP was detected (Figure 4C, lane 8). The solubility of BiP1/2 was quite different in the tissues expressing 16 $\gamma$ zf. There was almost no reduced-soluble BiP1/2 in any tissue, whereas fully insoluble BiP1/2 increased during seeds maturation, reaching about half of the total in dry seeds (Figure 4D, lanes 3, 6, 9). This paralleled the increasing full insolubilization of 16 $\gamma$ zf, strongly suggesting extended interactions between this zein and the chaperone also during embryo development, which persist in mature embryos.

### 3. Discussion

The results reported here show that electron-dense 16 $\gamma$ zf threads, similar to those accumulated in the ER of Arabidopsis leaf cells, are present in developing embryos and that these then coalesce into smaller, nearly homogeneously electron-dense structures that accumulate in mature seeds. These structures are regularly round-shaped and have diameters up to 1  $\mu$ m, thus morphologically resembling the homomeric PBs formed by 27 $\gamma$ zf in Arabidopsis leaves [14]. However, the results also show that most 16 $\gamma$ zf present in mature, dry seeds is also insoluble in the presence of reducing agents that fully solubilize seed-accumulated 27 $\gamma$ zf, as well as both recombinant zeins accumulated in leaf cells [14]. This indicates that 16 $\gamma$ zf coalescing into morphologically PB-like structures is not a process of ordered polymerization; rather, it reflects most probably unregulated hydrophobic interactions leading to aggregation. The lack of detectable precursors of endogenous storage proteins in the transgenic seeds indicates that neither 16 $\gamma$ zf nor 27 $\gamma$ zf, at least at the levels of synthesis allowed by the 35S promoter, interfere with the traffic, processing, and correct intracellular sorting of 12S and 2S polypeptides to PSVs.

Seed storage proteins evolved to maximize the protein-to-volume of storage compartment ratio; polypeptides are therefore highly packed, but they avoid falling into an aggregate state that can compromise their hydrolysis during germination. Electron-dense accretions of soluble seed storage proteins can form in the ER naturally or in transgenic plants. In pumpkin [7] and castor bean (*Ricinus communis*) [23] seeds, similar accretions containing 2S albumins and 11S globulins occur naturally, being then concentrated into PAC vesicles and then transported to PSV. These are correctly assembled and folded polypeptides that do not permanently aggregate into insoluble structures [7,23]. In soybean (*Glycine max*), suppression of two members of the 7S globulin gene family (conglycinins) induces the formation of PB-like structures in the ER, that entrap the precursor forms of other conglycinins as well as additional PSV polypeptides [24]. Biochemical analysis showed that these precursors were assembled into soluble trimers, but cannot proceed along the pathway to PSVs. Sunflower (*Helianthus annuus* L.) 2S albumins [25] or pea (*Pisum sativum*) 7S globulin [26] with an added C-terminal sequence for retention in the ER, can form in transgenic plants spherical electron-dense structures, which are solubilized in a saline buffer. All these unusual formations of PB-like structures in the ER are therefore condensations of correctly folded polypeptides rather than aggregations of misfolded polypeptides. Normally soluble, secreted proteins can also change their fate when ectopically expressed in storage tissues: naturally secreted phytase is included into zein PBs at late stages of maturation, indicating that PBs can be a dominant destination in the secretory

pathway [27]. However, extraction with saline buffer in reducing conditions solubilized the recombinant phytase.

The aggregation of 16 $\gamma$ zf is therefore a specific process, unrelated to the other above described examples of PB-like structure formations. The peculiarity of the process is also indicated by the unusual, progressive full insolubilization of BiP that parallels 16 $\gamma$ zf insolubilization during embryo maturation. This is not observed in embryos expressing the PB-forming 27 $\gamma$ zf and indicates that the extended interactions between 16 $\gamma$ zf and the chaperone observed in Arabidopsis leaves [22] also occur during embryo development and persist in the mature embryo.

16 $\gamma$ z's position and intermediate solubility between those of  $\alpha$ -zeins and the two other  $\gamma$ -zeins in natural maize PBs, its very unique polymerization into threads, high affinity to BiP, and high stimulation of the unfolded protein response when expressed individually in transgenic leaves are consistent with the hypothesis that 16 $\gamma$ z evolved as a contact structure between the outer layer and the inner core of maize PBs [2,12,14,22]. The acquisition of a stable conformation would thus remain unaccomplished in the absence of the other partner zeins. The results presented here provide additional support to this scenario. During seed desiccation, late embryogenesis abundant (LEA) proteins and a number of small heat shock proteins (sHSP) are specifically synthesized and are believed to avoid damages, including irreversible protein aggregation, caused by the decrease of water availability [28–30]. Certain LEA and sHSP are located in the ER and thus may be involved in avoiding storage protein aggregation that would hamper their hydrolysis during germination. In vitro experiments indicate that, at a low ratio to the substrate, the anti-aggregation function of a model LEA is impaired [31]. As seeds progress to desiccation, it is thus possible that these aggregation inhibitors, as well as the ubiquitous chaperones like BiP, become progressively unable to inhibit unspecific interactions between 16 $\gamma$ zf polypeptides, which would thus start to form fully insoluble, irreversible aggregates that cannot be solubilized even by treatments that reduce interchain disulfide bonds. This strengthens the view that 16 $\gamma$ z behaves as the unassembled subunit of a large heteropolymer, the PB, and could have evolved successfully only following the emergence of the much more structurally self-sufficient 27 $\gamma$ z [14,22].

ER quality control exerts three functions in the secretory pathway: it favors fold-ing and assembly of newly synthesized proteins, avoids their traffic until a native state has been achieved and targets for degradation polypeptides that fail for too long time to become competent for traffic. The ability to take advantage of the first two activities of quality control and at the same time avoid the third one is a major, unique feature of prolamins and PB assembly. In this respect, it is remarkable that even 16 $\gamma$ z does not seem to undergo marked long term degradation under the stressing conditions of seed desiccation and does not disturb the normal structural maturation and traffic of PSV endogenous storage proteins, in spite of the fact that it very strongly challenges ER quality control compared to 27 $\gamma$ z and, unlike the latter, is unable to form a typical PB in the absence of the other zein partners. Besides making 16 $\gamma$ z a useful model to study the molecular features that regulate the balancing between folding, degradation, and aggregation in the ER, this may also be relevant for possible strategies to improve the protein nutritional quality of seeds through protein engineering strategies.

## 4. Materials and Methods

### 4.1. Plant Material

Transgenic Arabidopsis plants (ecotype Columbia) expressing 27 kDa  $\gamma$ -zein or 16 kDa  $\gamma$ -zein C-terminally tagged with the FLAG epitope DYKDADDDK—and named 27 $\gamma$ zf and 16 $\gamma$ zf, respectively [22]—or wild-type plants were grown in sterile conditions on half-concentrated Murashige and Skoog solid media (Duchefa Biochemie), 10 g/L Sucrose, 0.8% (*w/v*) phyto agar (Duchefa Biochemie) at 23 °C under a 16/8 h light/dark cycle.

Siliques were harvested on the eighth day after flowering.

#### 4.2. Antibodies

The following antisera or antibodies were used, at the indicated dilutions. Rabbit polyclonal anti-FLAG (1:2,000 Sigma Aldrich, St. Louis, MO, USA); rabbit polyclonal anti-tobacco (*Nicotiana tabacum*) BIP (1:10,000 [3]); goat anti-rabbit IgG-peroxidase conjugate (1:16,000, Pierce Biotechnology Rockford, IL, USA).

#### 4.3. Total Protein Extraction from Leaves, Roots, and Dry Seeds

Leaves or roots, 2–3 cm in length from 6-week-old plants were ground in liquid nitrogen and homogenized with five volumes (5:1 V/W) of buffer T (150 mM NaCl, 1.5 mM EDTA, 1.5% Triton X-100, 150 mM Tris-Cl pH 7.5) supplemented with cOmplete™ Protease Inhibitor Cocktail (Life Technologies, Wien, Austria). Dry seeds were homogenized using the same procedure, but with a 25:1 buffer volume/weight ratio.

Equal amounts of total proteins from each sample were denatured and loaded on 15% SDS-PAGE followed by protein blot incubation with the appropriate antiserum or antibody, and detection with SuperSignal West Pico Chemiluminescent substrate (Thermo Scientific, Rockford, IL, USA). Unstained Protein MW Markers (Fermentas, Vilnius, Lithuania) were used as molecular mass markers. Total proteins were stained with Ponceau S, for normalization and as a loading control.

#### 4.4. Protein Body Precipitation

Dry seeds were ground in liquid nitrogen and homogenized with eight volumes (8:1 v/w) of buffer A (10 mM KCl, 2 mM MgCl<sub>2</sub>, 100 mM Tris-Cl pH 7.8) supplemented with cOmplete™ Protease Inhibitor Cocktail (Life Technologies). The homogenates were centrifuged at 1500× g for 10 min at 4 °C. The supernatants were saved (soluble fraction, S). The pellets, containing protein bodies, were resuspended in the same volume of buffer A supplemented with 4% 2-mercaptoethanol (2-ME) and incubated for 30 min at room temperature to reduce the disulfide bonds (insoluble proteins unless reduced, I). Equal volumes of soluble (S) and insoluble (I) fractions were then adjusted to 1.0% SDS, 4% 2-ME, and analyzed by 15% SDS-PAGE followed by protein blot incubation as described above.

#### 4.5. Protein Sequential Extraction with Different Buffer and Centrifugation

Dry seeds, 8-day-old siliques, or 2–3 cm long leaves were ground in liquid nitrogen and homogenized with fifteen volumes (15:1 v/w) of buffer T (150 mM NaCl, 1.5 mM EDTA, 1.5% Triton X-100, 150 mM Tris-Cl pH 7.5) supplemented with cOmplete™ Protease Inhibitor Cocktail (Life Technologies). After 30 min of incubation in ice, the homogenates were centrifuged at 1500× g for 10 min at 4 °C. The supernatants were saved (soluble fraction, S). The pellets were resuspended in the same volume of buffer T supplemented with 4% 2-mercaptoethanol (2-ME), incubated for 30 min at 4 °C to reduce the disulfide bonds, and centrifuged at 1500× g for 10 min at 4 °C. The recovered supernatant contained proteins insoluble unless reduced (I). The pellets contained fully insoluble material (P). Soluble (S), insoluble (I), and pellet (P) fractions were then adjusted to 1.0% SDS, 4% 2-ME, and analyzed by 15% SDS-PAGE followed by protein blot incubation as described above.

#### 4.6. Electron Microscopy

For immunolocalization, transgenic isolated mature embryos, as well as developing embryos (bent cotyledon) expressing 16γzf were fixed and processed as described before [27]. Shortly, embryos were fixed in 4% paraformaldehyde and 0.5% glutaraldehyde in 0.1 M cacodylate buffer pH 7.4 for 2h at room temperature. After several washes with 0.1 M cacodylate buffer, samples were dehydrated through ethanol series and then infiltrated with LRWhite resin. Immunolocalization was performed with rabbit anti-FLAG antibodies on sections showing silver interferences collected on copper grids as previously described [27]. The antigen–antibody reaction was visualized with donkey anti-rabbit serum labeled with 10 nm gold particles. Imaging was performed under a FEI Tecnai G2 electron microscope.

For ultrastructural analysis, sections obtained from leaves expressing 16γzf were fixed as described [27]. Briefly, samples were fixed in 2% paraformaldehyde and 2.5% glutaraldehyde in 0.1M cacodylate buffer pH 7.4 overnight at 4 °C. After several washes in 0.1 M cacodylate buffer pH 7.4, leaf sections were subjected to double osmium impregnation, followed by en bloc staining with uranyl acetate and lead aspartate. Leaf samples were dehydrated through ethanol series and progressively infiltrated and embedded with low viscosity epoxy resin. Thin sections showing silver interferences were mounted on copper grids prior to imaging. Developing embryos (bent cotyledon) expressing 16γzf were isolated and fixed and processed as described in [32] with slight modifications. Thus, embryos were fixed in 2% paraformaldehyde and 2.5% glutaraldehyde in 0.1 M sodium cacodylate buffer, pH 7.4 O/N at 4 °C. After several washes with 0.1 M sodium cacodylate buffer, pH 7.4, samples were incubated in 1% (*w/v*) tannic acid in 0.1 M Cacodylate buffer, followed by 1% (*w/v*) aqueous osmium tetroxide. Subsequently, embryos were dehydrated through ethanol series and embedded in low viscosity epoxy resin. Sections showing silver interferences were collected on copper grids and imaged using a FEI Tecnai G2 transmission electron microscope operating at 160 kV.

**Author Contributions:** Conceptualization: E.A., E.S. and E.P.; investigation: E.A., D.M., A.V. and E.P.; visualization: E.A., E.P.; writing—original draft: A.V.; writing—review and editing: E.A., A.V., E.S. and E.P.; funding acquisition: E.P. and E.S. All authors have read and agreed to the published version of the manuscript.

**Funding:** This work was supported by the projects CNR-DISBA Cambiamenti Climatici 7009-FOE 2019 and PORFESR 2014–2020 Regione Lombardia sPATIALS3 1 176485 (to E.P.), as well as the Austrian Science Fund FWF (I2823-B25) (to E.S.). We also acknowledge the HRSM project NANOBILD for infrastructure support (to E.S.).

**Institutional Review Board Statement:** Not applicable.

**Informed Consent Statement:** Not applicable.

**Data Availability Statement:** Not applicable.

**Acknowledgments:** We acknowledge Melania Zuccaro for technical assistance in protein blot experiments. The authors declare no conflict of interest. The funders had no role in the design of the study, in the collection, analyses, or interpretation of data, in the writing of the manuscript, or in the decision to publish the results.

**Conflicts of Interest:** The authors declare no conflict of interest.

## References

1. Hinz, G.; Hoh, B.; Hohl, I.; Robinson, D.G. Stratification of storage proteins in the protein storage vacuole of developing cotyledons of *Pisum sativum* L. *J. Plant Physiol.* **1995**, *145*, 437–442. [[CrossRef](#)]
2. Lending, C.R.; Larkins, B.A. Changes in the zein composition of protein bodies during maize endosperm development. *Plant Cell* **1989**, *1*, 1011–1023. [[CrossRef](#)] [[PubMed](#)]
3. Pedrazzini, E.; Giovinazzo, G.; Bielli, A.; de Virgilio, M.; Frigerio, L.; Pesca, M.; Faoro, F.; Bollini, R.; Ceriotti, A.; Vitale, A. Protein quality control along the route to the plant vacuole. *Plant Cell* **1997**, *9*, 1869–1880. [[PubMed](#)]
4. Chrispeels, M.J. The Golgi apparatus mediates the transport of phytohemagglutinin to the protein bodies in bean cotyledons. *Planta* **1983**, *158*, 140–151. [[CrossRef](#)]
5. Castelli, S.; Vitale, A. The phaseolin vacuolar sorting signal promotes transient, strong membrane association and aggregation of the bean storage protein in transgenic tobacco. *J. Exp. Bot.* **2005**, *56*, 1379–1387. [[CrossRef](#)] [[PubMed](#)]
6. Hillmer, S.; Movafeghi, A.; Robinson, D.G.; Hinz, G. Vacuolar storage proteins are sorted in the cis-cisternae of the pea cotyledon Golgi apparatus. *J. Cell Biol.* **2001**, *152*, 41–50. [[CrossRef](#)] [[PubMed](#)]
7. Hara-Nishimura, I.; Shimada, T.; Hatano, K.; Takeuchi, Y.; Nishimura, M. Transport of storage proteins to protein storage vacuoles is mediated by large precursor-accumulating vesicles. *Plant Cell* **1998**, *10*, 825–836. [[CrossRef](#)]
8. Shewry, P.R.; Napier, J.A.; Tatham, A.S. Seed storage proteins: Structures and biosynthesis. *Plant Cell* **1995**, *7*, 945–956. [[CrossRef](#)]
9. Pedrazzini, E.; Mainieri, D.; Marrano, C.; Vitale, A. Where do protein bodies of cereal seeds come from? *Front. Plant Sci.* **2016**, *7*, 1139. [[CrossRef](#)]
10. Khan, N.U.; Sheteiwy, M.; Lihua, N.; Khan, M.M.U.; Han, Z. An update on the maize zein-gene family in the post-genomics era. *Food Prod. Process. Nutr.* **2019**, *1*, 13. [[CrossRef](#)]

11. Larkins, B.A. Proteins of the Kernel. In *Corn: Chemistry and Technology*, 3rd ed.; Elsevier Science B.V.: Amsterdam, The Netherlands, 2019; pp. 319–336. [[CrossRef](#)]
12. Yao, D.; Qi, W.; Li, X.; Yang, Q.; Yan, S.; Ling, H.; Wang, G.; Wang, G.; Song, R. Maize opaque10 encodes a cereal-specific protein that is essential for the proper distribution of zeins in endosperm protein bodies. *PLoS Genet.* **2016**, *12*, e1006270. [[CrossRef](#)] [[PubMed](#)]
13. Geli, M.I.; Torrent, M.; Ludevid, D. Two structural domains mediate two sequential events in gamma-zein targeting: Protein endoplasmic reticulum retention and protein body formation. *Plant Cell* **1994**, *6*, 1911–1922. [[CrossRef](#)] [[PubMed](#)]
14. Mainieri, D.; Marrano, C.; Prinsi, B.; Maffi, D.; Tschofen, M.; Espen, L.; Stoger, E.; Faoro, F.; Pedrazzini, E.; Vitale, A. Maize 16-kD gamma-zein forms very unusual disulfide-bonded polymers in the endoplasmic reticulum: Implications for prolamin evolution. *J. Exp. Bot.* **2018**, *69*, 5013–5027. [[CrossRef](#)]
15. Mainieri, D.; Morandini, F.; Maitrejean, M.; Saccani, A.; Pedrazzini, E.; Vitale, A. Protein body formation in the endoplasmic reticulum as an evolution of storage protein sorting to vacuoles: Insights from maize gamma-zein. *Front. Plant Sci.* **2014**, *5*, 11. [[CrossRef](#)] [[PubMed](#)]
16. Xu, J.-H.; Messing, J. Organization of the prolamin gene family provides insight into the evolution of the maize genome and gene duplications in grass species. *Proc. Natl. Acad. Sci. USA* **2008**, *105*, 14330–14335. [[CrossRef](#)]
17. Prat, S.; Cortadas, J.; Puigdomenech, P.; Palau, J. Nucleic acid (cDNA) and amino acid sequences of the maize endosperm protein glutelin-2. *Nucleic Acids Res.* **1985**, *13*, 1493–1504. [[CrossRef](#)]
18. Vitale, A.; Smaniotto, E.; Longhi, R.; Galante, E. Reduced soluble proteins associated with maize endosperm protein bodies. *J. Exp. Bot.* **1982**, *33*, 439–448. [[CrossRef](#)]
19. Shimada, T.; Fuji, K.; Tamura, K.; Kondo, M.; Nishimura, M.; Hara-Nishimura, I. Vacuolar sorting receptor for seed storage proteins in *Arabidopsis thaliana*. *Proc. Natl. Acad. Sci. USA* **2003**, *100*, 16095–16100. [[CrossRef](#)]
20. Pobre, K.F.R.; Poet, G.J.; Hendershot, L.M. The endoplasmic reticulum (ER) chaperone BiP is a master regulator of ER functions: Getting by with a little help from ERdj friends. *J. Biol. Chem.* **2019**, *294*, 2098–2108. [[CrossRef](#)]
21. Vitale, A.; Boston, R. Endoplasmic reticulum quality control and the unfolded protein response: Insights from plants. *Traffic* **2008**, *9*, 1581–1588. [[CrossRef](#)]
22. Brocca, L.; Zuccaro, M.; Frugis, G.; Mainieri, D.; Marrano, C.; Ragni, L.; Klein, E.; Vitale, A.; Pedrazzini, E. Two  $\gamma$ -zeins induce the unfolded protein response. *Plant Physiol.* **2021**, *187*, 1428–1444. [[CrossRef](#)] [[PubMed](#)]
23. Fukasawa, T.; Haranishimura, I.; Nishimura, M. Biosynthesis, intracellular transport and in vitro processing of 11S globulin precursor proteins of developing castor bean endosperm. *Plant Cell Physiol.* **1988**, *29*, 339–345.
24. Kinney, A.J.; Jung, R.; Herman, E.M. Cosuppression of the alpha subunits of beta-conglycinin in transgenic soybean seeds induces the formation of endoplasmic reticulum-derived protein bodies. *Plant Cell* **2001**, *13*, 1165–1178. [[CrossRef](#)] [[PubMed](#)]
25. Molvig, L.; Tabe, L.M.; Eggum, B.O.; Moore, A.E.; Craig, S.; Spencer, D.; Higgins, T.J.V. Enhanced methionine levels and increased nutritive value of seeds of transgenic lupins (*Lupinus angustifolius* L.) expressing a sunflower seed albumin gene. *Proc. Natl. Acad. Sci. USA* **1997**, *94*, 8393–8398. [[CrossRef](#)] [[PubMed](#)]
26. Wandelt, C.I.; Khan, M.R.I.; Craig, S.; Schroeder, H.E.; Spencer, D.; Higgins, T.J.V. Vicilin with carboxy-terminal KDEL is retained in the endoplasmic reticulum and accumulates to high levels in the leaves of transgenic plants. *Plant J.* **1992**, *2*, 181–192. [[PubMed](#)]
27. Arcalis, E.; Stadlmann, J.; Marcel, S.; Drakakaki, G.; Winter, V.; Rodriguez, J.; Fischer, R.; Altmann, F.; Stoger, E. The changing fate of a secretory glycoprotein in developing maize endosperm. *Plant Physiol.* **2010**, *153*, 693–702. [[CrossRef](#)]
28. Hundertmark, M.; Hinch, D.K. LEA (Late Embryogenesis Abundant) proteins and their encoding genes in *Arabidopsis thaliana*. *BMC Genomics* **2008**, *9*, 118. [[CrossRef](#)]
29. Waters, E.R.; Vierling, E. Plant small heat shock proteins—evolutionary and functional diversity. *New Phytol.* **2020**, *227*, 24–37. [[CrossRef](#)]
30. Leprince, O.; Pellizzaro, A.; Berriri, S.; Buitink, J. Late seed maturation: Drying without dying. *J. Exp. Bot.* **2017**, *68*, 827–841. [[CrossRef](#)]
31. Furuki, T.; Shimizu, T.; Chakrabortee, S.; Yamakawa, K.; Hatanaka, R.; Takahashi, T.; Kikawada, T.; Okuda, T.; Mihara, H.; Tunnaclyffe, A.; et al. Effects of Group 3 LEA protein model peptides on desiccation-induced protein aggregation. *BBA-Proteins Proteom.* **2012**, *1824*, 891–897. [[CrossRef](#)]
32. Feeney, M.; Kittelmann, M.; Menassa, R.; Hawes, C.; Frigerio, L. Protein Storage Vacuoles Originate from Remodeled Preexisting Vacuoles in *Arabidopsis thaliana*. *Plant Physiol.* **2018**, *177*, 241–254. [[CrossRef](#)] [[PubMed](#)]