

# Impact of Cargo-less Liposomal Formulation on Dietary Obesity-Related Metabolic Disorders in Mice

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## Supplementary Methods:

The animal experiments were approved by the Animal Care and Ethics Committee of the University of Technology Sydney (Ethics no: ETH18-2214) and carried out according to the Australian National Health and Medical Research Council Guide for the Care and Use of Laboratory Animals. Six-week-old C57BL/6 mice (male, Australian Resource Centre, WA, Australia) were randomized into 3 groups after a week of acclimatisation. The high-fat diet (HFD) group mice were fed a pelleted HFD (20 KJ/g, 43% fat, Speciality feeds, WA, Australia) for 6 weeks. From the 7<sup>th</sup> week, an intraperitoneal (i.p) injection of either 1) Corn oil (vehicle control), 2) 1,2-dioleoyl-sn-glycero-3-phosphocholine (DOPC) in the form of liposomes, or 3) DOPC + Cholesterol in corn oil, was administered once daily for a total of 4 weeks in HFD-fed mice with the HFD feeding. Body weights were monitored weekly. Intraperitoneal glucose tolerance test (IPGTT) was performed three days before the endpoint. Fat pads were collected and weighed.

## Results

DOPC liposome treatment induced a 5% reduction in body weight compared with HFD-oil mice, with significantly reduced fat mass ( $P < 0.05$  for retroperitoneal (Rp) fat,  $P < 0.01$  for testicular fat vs HFD-Oil group, Table A1). DOPC + cholesterol mixture had no impact on body weight, nor fat mass.

As shown in Figure A1, HFD-fed mice receiving DOPC liposomes treatment had some improvement in blood glucose levels during IPGTT in comparison with the HFD-Oil group ( $P < 0.001$  for 60 and 90 mins). DOPC + cholesterol mixture only reduced blood glucose level at 60 min during IPGTT ( $P < 0.001$  vs HFD-oil). The area under the curve (AUC) was significantly lower in the HFD-DOPC liposome group ( $P < 0.05$  compared to the HFD-Oil group). Interestingly, no significant difference was seen between HFD-DOPC+Cholesterol and HFD-oil groups.

## Appendix A

Table 1. Anthropometric parameters of the mice treated with oil, DOPC liposomes, and DOPC+Cholesterol mixture.

Parameters	HFD-Oil	HFD-DOPC liposomes	HFD-DOPC+cholesterol
Body weight at 0 week (g)	18.73 ± 0.30	18.98 ± 0.36	18.98 ± 0.26
Body weight at 10 weeks (g)	36.35 ± 1.30	34.47 ± 1.12	36.28 ± 0.91
Rp fat (g)	0.69 ± 0.06	0.46 ± 0.07*	0.58 ± 0.07
%	1.87 ± 0.17	1.30 ± 0.18**	1.57 ± 0.17
Testicular fat (g)	1.70 ± 0.14	1.16 ± 0.19**	1.46 ± 0.18
%	4.63 ± 0.25	3.31 ± 0.46**	3.98 ± 0.44

Data are expressed as mean ± S.E.M. and were analysed using one-way ANOVA, followed by post hoc Fisher's LSD tests. n = 12. \* P < 0.05 vs. HFD-Oil; \*\* P < 0.01 vs. HFD-Oil.

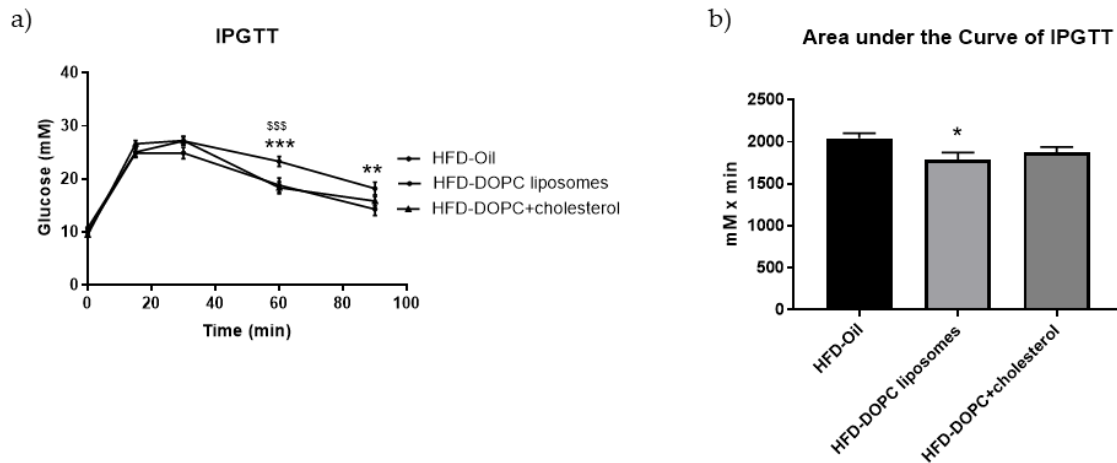


Figure 1. a) An intraperitoneal glucose tolerance test (IPGTT, glucose 2g/kg) after 4 weeks of treatments. b) Area under the curve (AUC) of the IPGTT in (a). Results are expressed as mean ± S.E.M, n = 10-12. a) Data were analyzed using two-way ANOVA followed by post hoc Fischer's LSD test. b) Data were analysed using one-way ANOVA by post hoc Fischer's LSD test. \*\*\* P < 0.001, HFD-oil vs.HFD-DOPC liposomes at 60 mins; \$\$\$P<0.001, HFD-oil vs. HFD-DOPC+Cholesterol at 60 mins;. \*\* P < 0.01, HFD-oil vs.HFD-DOPC liposomes at 90 mins.

Table A2. TaqMan® probe information (Life Technologies, CA, USA)

Gene	NCBI gene references	Probe sequence	Assay ID
<i>TNFα</i>	NM_013693.2,X02611.1,M13049.1	CCCTCACACTCAGATCATCTTCT CA	Mm00443259_g1
<i>TLR4</i>	NM_021297.2,AF095353.1,AF110133.1	CCCTGCATAGAGGTAGTTCCTAA TA	Mm00445273_m1
<i>FASN</i>	NM_007988.3,AF127033.1,AK147214.1	AGCAATTGTGGATGGAGGTATCA AC	Mm00662319_m1
<i>PPAR-γ</i>	NM_0011273330.1	ATGCTGTTATGGGTGAAACTCTG G	Mm01184322_m1
<i>Foxo1</i>	NM_019739.3,AK154041.1,AF126056.1	TCGGCGGGCTGGAAGAATTCAAT TC	Mm00490671_m1
<i>Cpt1a</i>	NM_013495.2,AK147770.1,AK136487.1	TTCCAGGAGAATGCCAGGAGGT CAT	Mm01231183_m1
<i>Ppargc1a</i>	NR_027710.1,NM_008904.2,JX866947.1	CTGGAAGTGCAGGCCTAACTCCT CC	Mm01208835_m1
<i>IL-6</i>	NM_031168.1,X06203.1,X54542.1	ATGAGAAAAGAGTTGTGCAATG GCA	Mm00446190_m1
<i>GLUT2</i>	NM_031197.2	CCGCCTCCCCCGGCGCGCACACA CC	Mm00446229_m1
<i>Ucp1</i>	NM_009463.3,U63419.1,AK002759.1	TTTCAAAGGGTTTGTGGCTTCTTT T	Mm01244861_m1
<i>Ucp3</i>	NM_009464.3,AF032902.1,AF030164.1	GTGGAAAGGGACTTGGCCCAAC ATC	Mm01163394_m1
<i>ATGL</i>	NM_025802.3	CCAAGACTGAATGGCTGGATGG CAA	Mm00503040_m1
<i>MCP-1</i>	NM_011333.3	TCAGCCAGATGCAGTTAACGCCC CA	Mm00441242_m1

Table 3. SYBR® primer information (Sigma-Aldrich, MO, USA).

Gene	Forward primer sequence (5' → 3')	Reverse primer sequence (5' → 3')
<i>SREBP-1c</i>	AATAAATCTGCTGTCTTGCG	CCTTCAGTGATTGCTTTTG