

Supplementary materials

NMR-based metabolomic study on *Phaseolus vulgaris* flour fermented by lactic acid bacteria and yeasts

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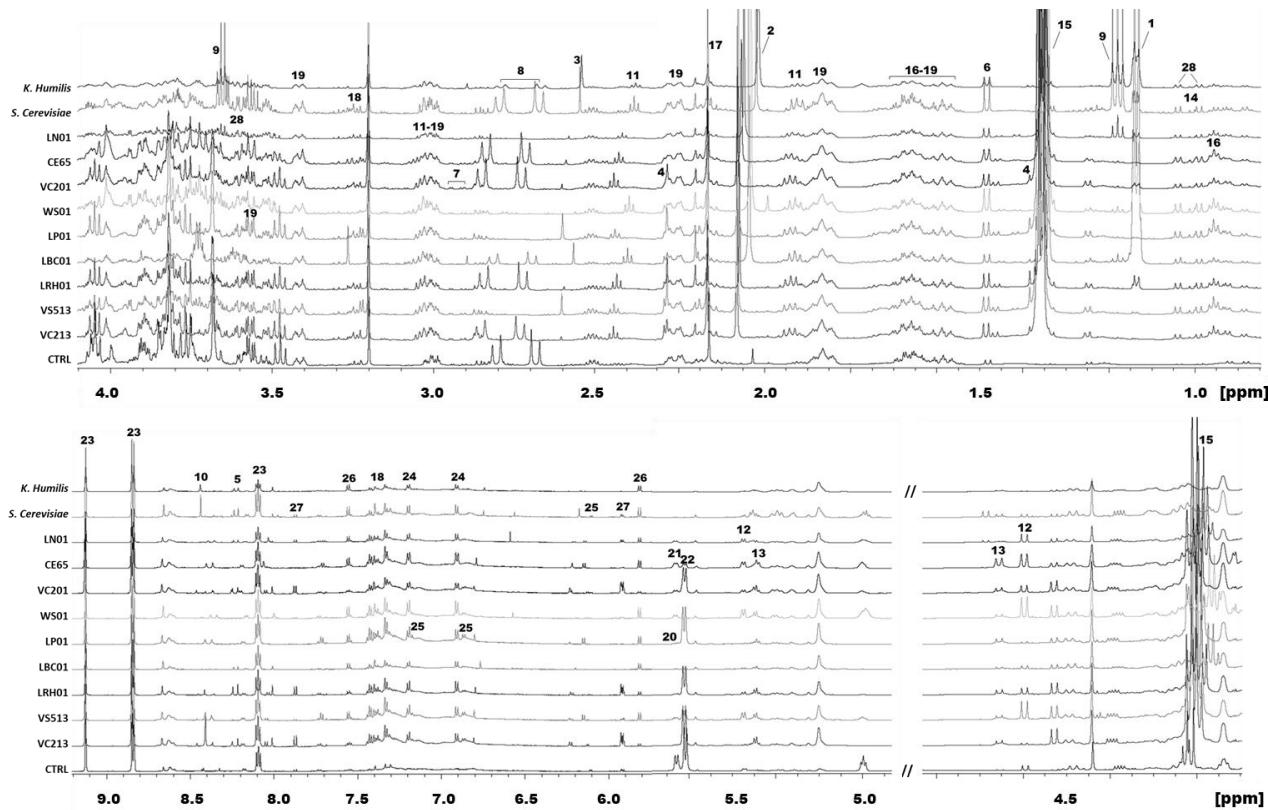
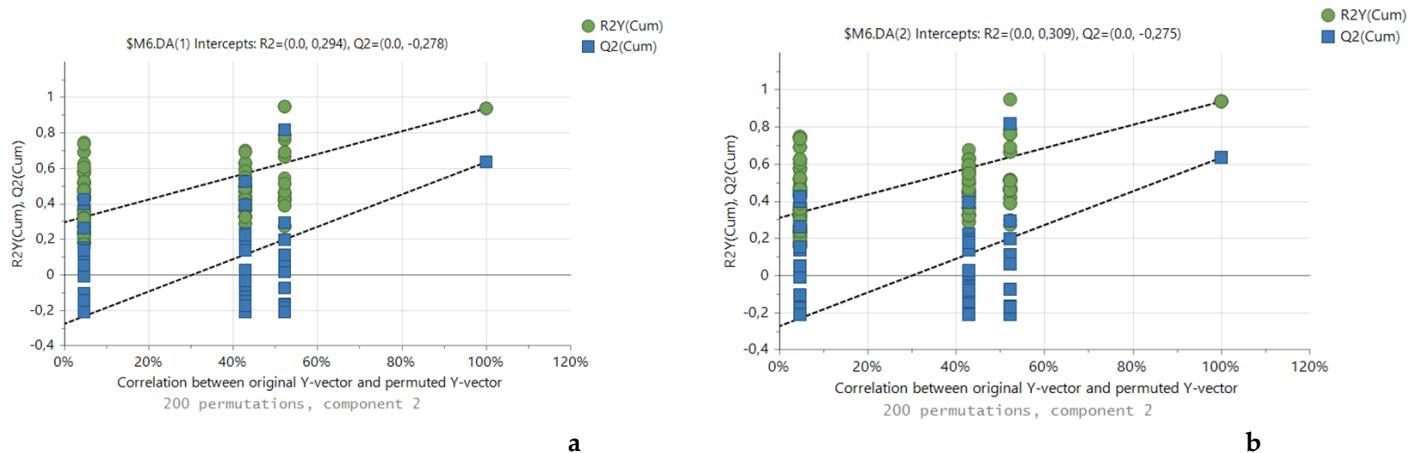
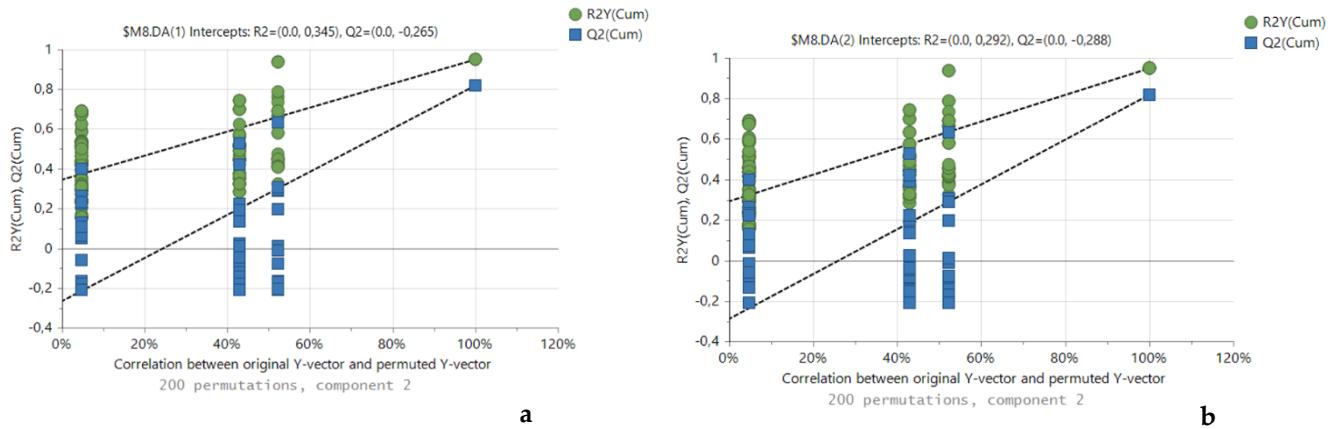


Figure S1. ¹H NMR spectra of aqueous extracts of all small-scale fermented bean flour samples, compared to control (CTRL). The numbers refer to metabolite peak assignments, as reported in Table 2.



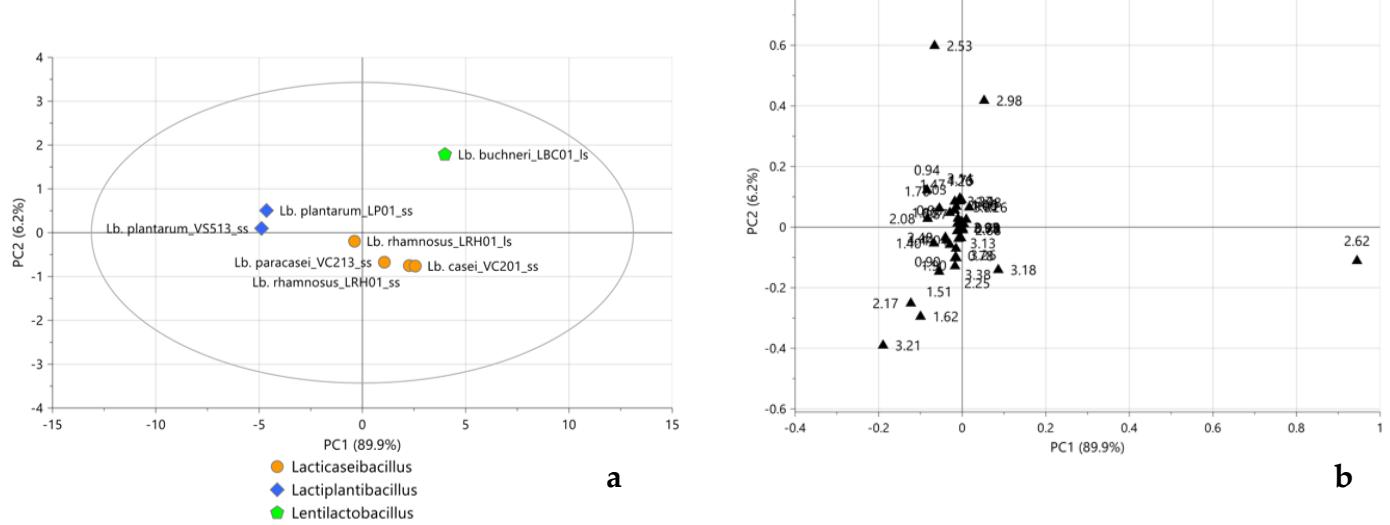


Figure S4. Score (**a**) and loading (**b**) plots of PCA performed on LAB-fermented flours, considering only genera in the latest taxonomy and the aliphatic region of ^1H NMR spectra. In (**a**), orange circles, blue diamonds, and green pentagons represent *Lacticaseibacillus*, *Lactiplantibacillus*, and *Lentilactobacillus* samples, respectively; in (**b**) black triangles represent the loadings of the variables of X matrix (the numbers refer to the initial ppm values of the buckets). 2PCs, $R^2X=96.1\%$, $Q^2cum=71.2\%$.

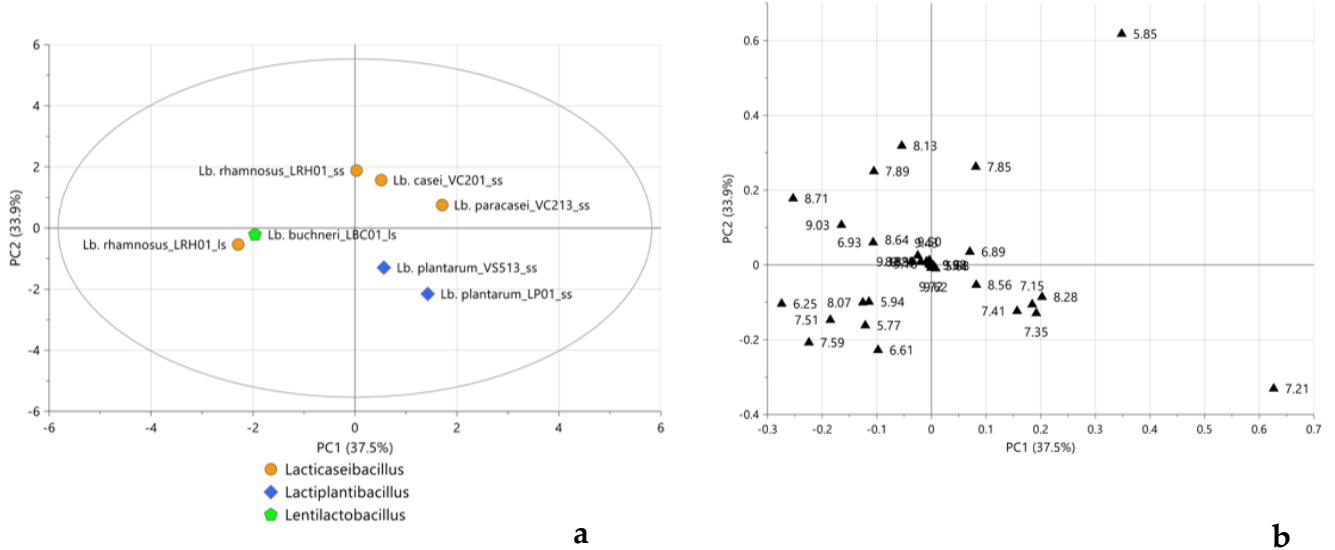
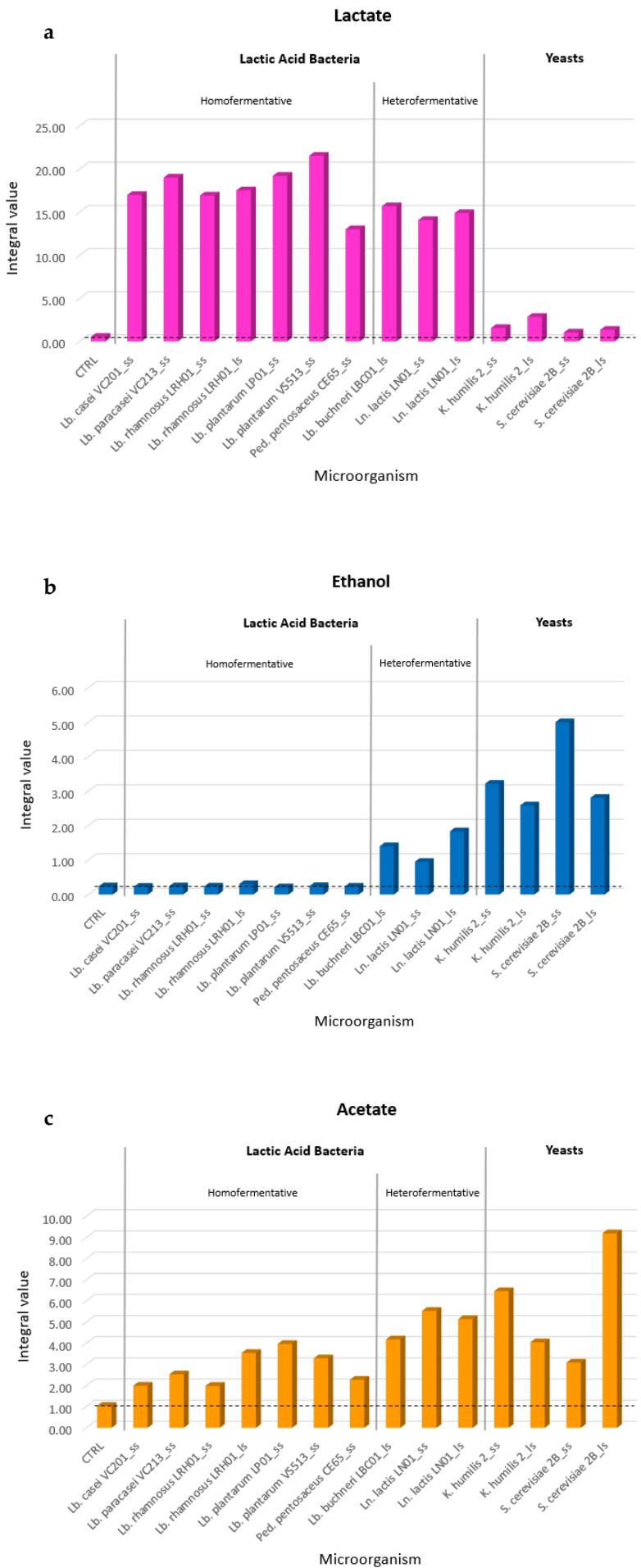
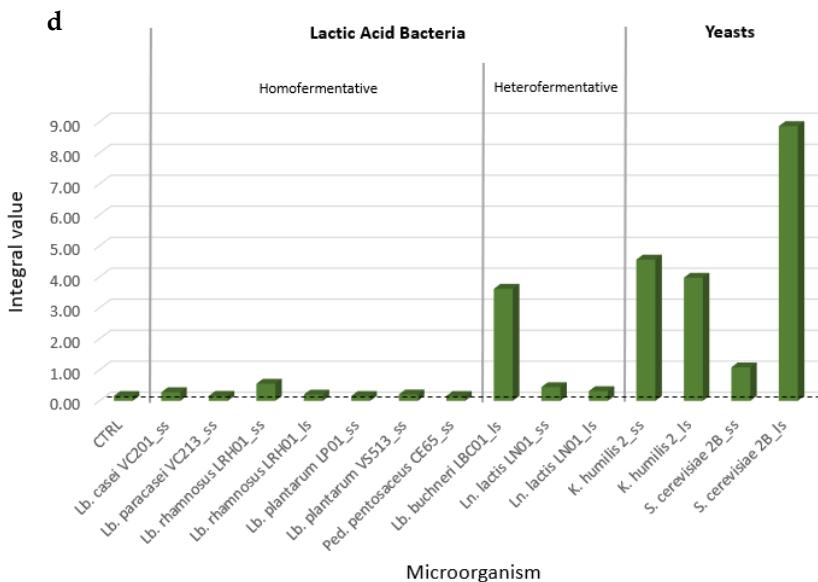


Figure S5. Score (**a**) and loading (**b**) plots of PCA performed on LAB-fermented flours considering only genera in the latest taxonomy and the aromatic region of ^1H NMR spectra. In (**a**), orange circles, blue diamonds, and green pentagons represent *Lacticaseibacillus*, *Lactiplantibacillus*, and *Lentilactobacillus* samples, respectively; in (**b**) black triangles represent the loadings of the variables of X matrix (the numbers refer to the initial ppm values of the buckets). 3PCs, $R^2X=89.9\%$, $Q^2cum=30.8\%$.



2,3-Butanediol



Sucrose

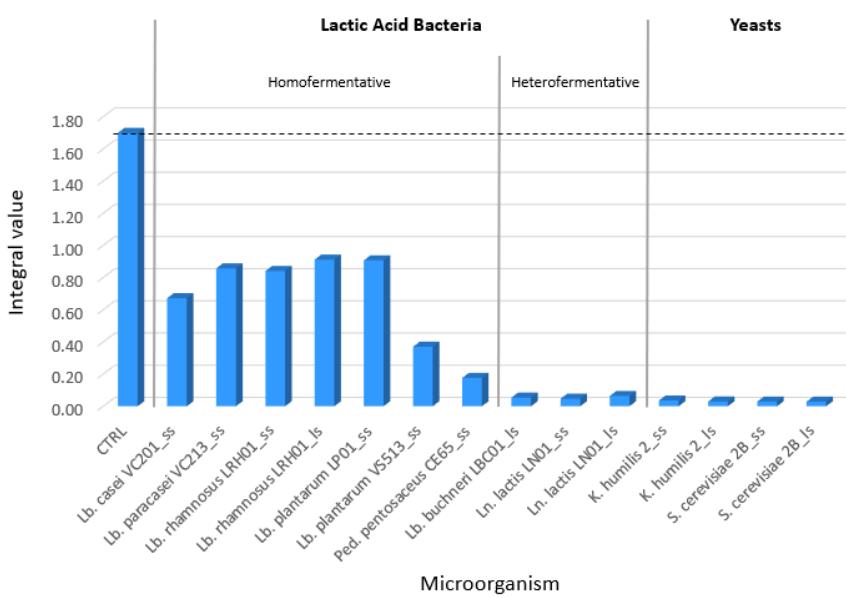


Figure S6. Quantification of the relative content (integral values normalized to the total spectral area) of fermentative metabolites: **(a)** lactate, **(b)** ethanol, **(c)** acetate, **(d)** 2,3-butanediol, and **(e)** sucrose in small- (ss) and large-scale (ls) fermented bean flours (with the exclusion of LBC01_ss, and WS01_ss samples) compared to control (CTRL). The dotted line indicates the integral value, for each metabolite, in CTRL sample.