

Table S1 Examples of commercially available products containing edible insects (adapted from www.bugburger.se)

	Name	Picture
1	Bar (protein bar energy bar)	
2	Beer	
3	Bread	
4	Burgers	
5	Cookies	
6	Crackers	
7	Crisps/Chips	

8	Noodles	
9	Oil	
10	Pancake mix	
11	Pasta	
12	Protein powder/shakes	

Table S2 Amino acid profile of raw materials and products.

	Non-essential amino acids (non-EAA) mg · g ⁻¹ of protein									Total non-EAA
	Alanine	Arginine	Aspartic acid	Cysteine	Glutamic acid	Glycine	Proline	Serine	Tyrosine	
BW	75.85 ^d ±1.25	62.03 ^a ±1.70	97.81 ^{cb} ±2.34	11.40 ^a ±0.36	144.18 ^b ±3.42	51.24 ^{fe} ±1.10	74.34 ^{de} ±1.50	47.50 ^b ±1.05	90.10 ^h ±2.44	654.45 ^b ±14.39
CF	99.77 ^f ±1.43	70.21 ^{bc} ±0.71	94.56 ^{bc} ±1.23	10.71 ^a ±0.60	126.30 ^a ±1.69	60.26 ^h ±0.70	64.27 ^b ±0.88	48.43 ^b ±0.77	58.62 ^f ±0.74	633.15 ^b ±7.56
TM	80.32 ^e ±1.51	60.36 ^a ±1.15	91.06 ^b ±1.52	10.98 ^a ±0.41	130.72 ^a ±2.35	56.72 ^g ±1.04	79.56 ^f ±1.32	49.673 ^b ±0.97	74.59 ^g ±1.6	633.98 ^b ±11.09
CN	32.14 ^a ±0.64	91.15 ^d ±2.11	76.70 ^a ±2.39	16.809 ^b ±2.03	182.88 ^c ±3.19	35.57 ^a ±0.72	28.10 ^a ±0.95	42.15 ^a ±0.82	27.99 ^a ±0.44	533.48 ^s ±12.82
HN	40.48 ^b ±1.43	124.77 ^e ±3.29	91.97 ^{bc} ±2.45	15.75 ^b ±0.65	209.27 ^{de} ±5.04	40.58 ^b ±1.47	27.56 ^a ±0.99	39.95 ^a ±1.10	25.27 ^a ±0.90	615.59 ^b ±16.23
ST	65.93 ^c ±4.97	72.59 ^{cb} ±6.16	114.68 ^s ±10.34	30.43 ^e ±0.63	277.31 ^g ±23.60	45.97 ^{dc} ±4.00	80.34 ^f ±7.08	93.52 ^f ±8.20	41.18 ^b ±2.95	821.95 ^e ±66.36
BW15	64.95 ^c ±0.26	66.29 ^b ±0.68	106.04 ^d ±0.43	25.27 ^d ±0.32	222.36 ^{ef} ±1.64	44.02 ^c ±0.67	70.20 ^{cd} ±1.67	77.50 ^{de} ±0.47	49.07 ^{de} ±1.05	725.70 ^{dc} ±6.08
BW30	71.72 ^d ±0.49	69.05 ^{bc} ±1.19	110.60 ^d ±1.03	24.54 ^d ±0.04	211.03 ^{def} ±1.60	47.90 ^{de} ±0.52	72.043 ^c ±0.64	75.71 ^d ±0.69	59.19 ^f ±1.99	741.79 ^d ±6.85
CF15	73.79 ^d ±0.42	69.56 ^{bc} ±0.39	105.68 ^d ±1.02	25.23 ^d ±0.26	223.15 ^{ef} ±0.95	47.96 ^{de} ±0.21	72.06 ^{de} ±0.51	78.41 ^{de} ±0.44	46.26 ^{cd} ±2.03	742.10 ^d ±2.07
CF30	73.79 ^d ±5.15	68.31 ^{bc} ±1.47	104.82 ^d ±2.09	23.12 ^c ±0.88	195.04 ^c ±4.41	48.67 ^{def} ±1.08	65.97 ^{bc} ±1.74	72.14 ^{cd} ±1.24	45.84 ^c ±1.85	697.70 ^c ±17.44
TM15	68.43 ^{cd} ±3.60	69.24 ^{bc} ±3.05	106.55 ^d ±5.03	24.67 ^d ±0.38	230.88 ^{fe} ±11.18	47.89 ^{de} ±2.44	75.73 ^{ef} ±4.98	81.14 ^{ed} ±4.16	50.453 ^{ed} ±3.07	754.98 ^d ±35.82
TM30	73.92 ^d ±4.69	70.28 ^{bc} ±4.24	110.07 ^d ±5.08	25.64 ^d ±0.45	207.96 ^d ±12.08	50.75 ^{ef} ±3.17	74.36 ^{de} ±5.06	78.98 ^{de} ±4.25	56.90 ^f ±3.67	748.87 ^d ±42.02

HN – hazelnut, CN – cashews nuts, CF - cricket *A. domesticus*, TM - mealworm *T. molitor*, BW - buffalo worm *A. diaperinu*

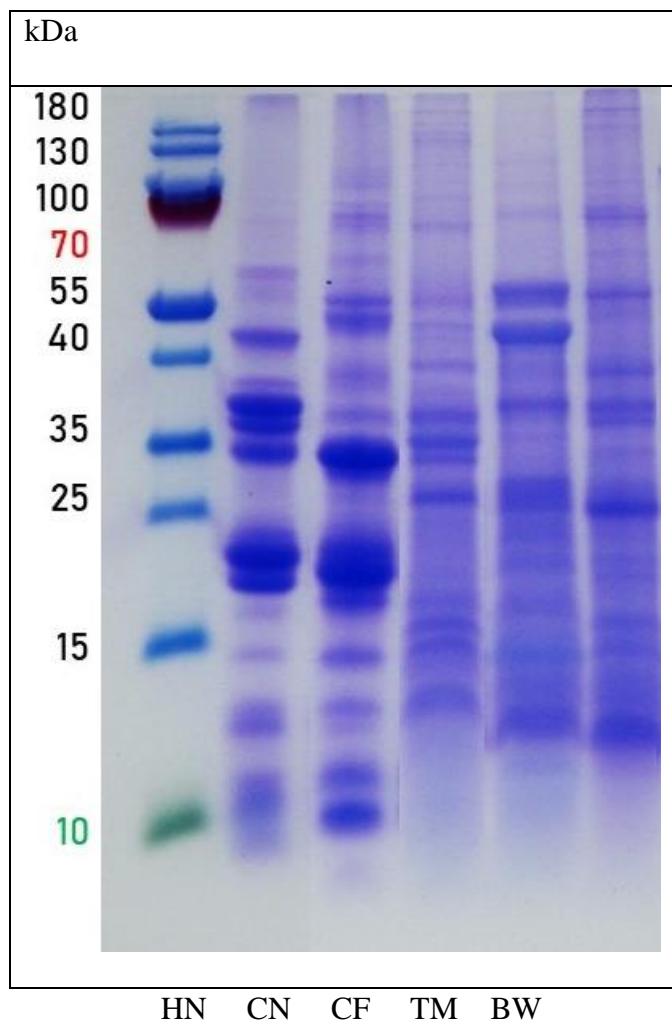


Figure S1 Protein profiles of selected raw materials analyzed by SDS-PAGE

Explanatory notes:

HN – hazelnut, CN – cashews nuts, CF - cricket *A. domesticus*, TM - mealworm *T. molitor*, BW - buffalo worm *A. diaperinus*

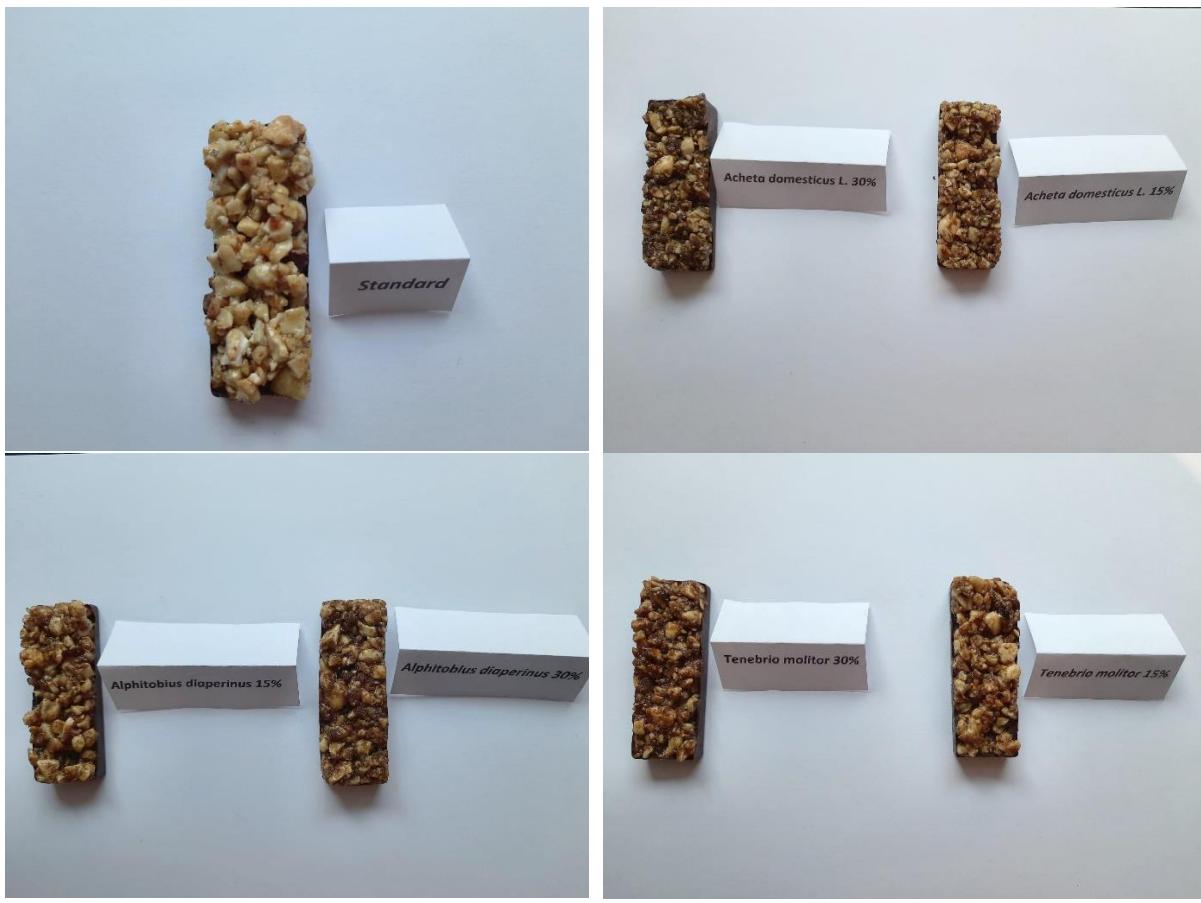


Figure S2 Nut bars with various levels of edible insects flour substitution - overall appearance

Table S3 Concentration of individual volatile compounds in edible insect flours (g/100g).

Volatile compounds	BW	CF	TM
Acetaldehyde	4.50 ^b ±0.14*	4.56 ^c ±0.13	0.08 ^a ±0.02
2-Propanol	26.04 ^c ±0.18	21.70 ^b ±0.17	7.79 ^a ±0.11
2-Methylpropanal	0.01 ^a ±0.01	1.83 ^c ±0.05	0.05 ^b ±0.02
Butanal	0.67 ^a ±0.04	2.34 ^c ±0.08	1.55 ^b ±0.05
Butan-2-one	7.36 ^c ±0.09	0.28 ^a ±0.04	2.64 ^b ±0.08
Ethyl Acetate	0.29 ^b ±0.03	5.61 ^c ±0.09	0.15 ^a ±0.03
Acetic acid	7.40 ^c ±0.11	1.14 ^b ±0.07	0.64 ^a ±0.06
3-Methylbutanal	1.87 ^b ±0.08	1.28 ^a ±0.11	1.92 ^c ±0.13
2,3-Pentanedione	2.42 ^b ±0.07	1.80 ^a ±0.09	14.82 ^c ±0.19
Hexanal	5.10 ^a ±0.10	11.75 ^c ±0.18	8.70 ^b ±0.21
Butanoic acid	9.06 ^c ±0.12	4.79 ^b ±0.15	0.18 ^a ±0.06
Furfural	3.51 ^c ±0.11	0.37 ^a ±0.07	0.54 ^b ±0.08
3-Methylbutanoic acid	11.61 ^a ±0.24	35.31 ^b ±0.69	55.16 ^c ±0.87
1-Hexanol	0.88 ^c ±0.09	0.38 ^a ±0.05	0.67 ^b ±0.07
Heptanal	3.13 ^c ±0.10	0.98 ^b ±0.06	0.73 ^a ±0.08
Ethyl hexanoate	2.40 ^c ±0.11	0.52 ^b ±0.04	0.02 ^a ±0.01
2,5-Dimethylpyrazine	0.74 ^c ±0.06	0.01 ^a ±0.01	0.52 ^b ±0.06
2,3-Dimethylpyrazine	0.82 ^a ±0.07	0.91 ^b ±0.09	0.82 ^a ±0.07
2,4-Heptadienal	0.50 ^b ±0.04	1.25 ^c ±0.12	0.39 ^a ±0.05
Benzaldehyde	3.05 ^c ±0.09	0.24 ^a ±0.08	0.35 ^b ±0.04
Hexanoic acid	0.19 ^b ±0.09	0.44 ^c ±0.09	0.07 ^a ±0.02
Trimethylpyrazine	0.09 ^b ±0.02	0.03 ^a ±0.02	0.69 ^c ±0.03
Tetramethylpyrazine	0.09 ^a ±0.03	0.84 ^c ±0.10	0.82 ^b ±0.06
2-Phenylethanol	1.53 ^c ±0.10	0.16 ^b ±0.08	0.08 ^c ±0.02
Phenylethyl acetate	0.01 ^a ±0.01	0.01 ^a ±0.01	0.01 ^a ±0.01
Maltol	0.26 ^c ±0.04	0.07 ^b ±0.01	0.02 ^a ±0.01
gamma-Nonalactone	0.66 ^c ±0.07	0.51 ^b ±0.08	0.23 ^a ±0.08
Eugenol	1.34 ^b ±0.10	0.12 ^a ±0.03	0.12 ^a ±0.04
delta-Nonalacton	0.01 ^a ±0.01	0.09 ^b ±0.02	0.01 ^a ±0.01
Pentyl octanoate	1.95 ^b ±0.12	0.01 ^a ±0.01	0.01 ^a ±0.01
Myristicin	0.65 ^c ±0.06	0.20 ^b ±0.13	0.01 ^a ±0.01
E-nerolidol	0.35 ^c ±0.05	0.12 ^b ±0.13	0.01 ^a ±0.01

*Values in the same row marked with different letters are statistically significantly different at $p < 0.05 \pm SD$.
 CF - cricket *A. domesticus*, TM - mealworm *T. molitor*, BW - buffalo worm *A. diaperinus*